# Humilitas

Newsletter of Saint Charles Borromeo Catholic Church ~ November 2017

## Beekeeping with Father Luschen - Part I

It was a painful, inauspicious beginning when Father Luschen's dad, Deacon Loren Luschen of Christ the King parish in Tulsa, wanted a new hobby last year and father/son time. Father Tim said, "He kept urging me, 'We ought to get some bees.' My grandfather had bees and so did my mom's uncle. As kids, we knew about bees. We didn't mess with them but we knew they were there." As a child, Father Tim also remembers being impressed, watching his grandfather rescue a swarm of bees.

"So we ordered our first bees and joined a bee club that meets monthly," he said. They drove to Noble for local bees acclimated to Oklahoma weather. "Come after 8 p.m.," they said, "that is bee bed-time and most of them are home." Father Tim and his dad loaded three hives, known as nucs, in the back of the car. "The bees made lots of noise. Known as fanning, the buzzing sound is made by beating their wings together."

Unfortunately, Father Tim could not take the bees directly to their new homes in a Shawnee pasture and his father's back yard. He left the car windows down in the rectory garage and rose at 6 a.m. the next day to check on them before 7 a.m. Mass. "The boxes weren't properly sealed and some of them were coming out of the boxes and flying around the garage. I threw a blanket over the remaining bees." He celebrated Mass and drove two nucs to Shawnee and one to Tulsa.

Dad was waiting for his son and bees in Shawnee with two bee suits. "We put the bees in their new super (hive) and bees got inside my veil. First two, then five, then thirty. They were stinging my nose, eyes, ears, hair. I'm panicking, tearing off the veil. They are in my scalp and I'm running through the pasture doing the bee dance and screaming. I get to my father and he is still absorbed in his work."

"Dad, I've been stung," I told him. "I got sick two or three hours later, with stomach problems and later all kinds of problems, but my tongue didn't swell." Fortunately, Father survived without a trip to the ER. He laughed about their start. "And this is the first day! I can't allow this to stop me. I've got to get back on this horse."

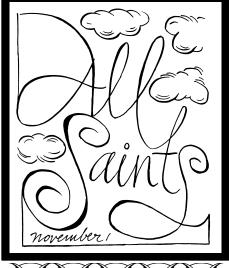
Father Tim says later he learned that his hair conditioner contained a number of floral scents, making him smell like a giant flower to the bees.

"They surrounded me like bees; they blazed like a fire of thorns; in the name of the Lord I cut them off!" Psalm 118: 12

For further interest and information: Central Oklahoma Beekeepers Association meets the third Thursday of each month at 7 p.m. at Will Rogers Park. www.centralokbeekeepers.org

Part II – How Father rescued his 85-year old father from a tree. . . to be continued next month.

— Monica Knudsen



The glorious company of apostles praises you, the noble fellowship of prophets praises you, the white-robed army of martyrs praises you, all the saints together sing your glory, O Holy Trinity, one God.

-Antiphon for the Magnificat, 1st Vespers of the day.

## \*\*\*\*

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## Thanks, Danke, Gracias

Those are words that convey our gratitude for acts of kindness or the bestowing of gifts on us from another. We know that here in the United States we have set aside an entire day, in fact more like a weekend to give thanks for the great gift of this nation where we live and where our parents, grandparents and generations before them may have found a safe place to put down roots and to begin their families. It is a day of remembering and gathering with family and friends around festive foods that range from roasted turkeys to enchiladas, bar-b-que, egg rolls and pecan pies. There is no one food that is used since there are many different cultures and customs rolled into this national holiday and day of THANKS.

One tradition that many of us here in Oklahoma City look forward to celebrating each year during the week of Thanksgiving is the Interfaith Thanksgiving Service. This interfaith service is the longest interfaith service in existence here in Oklahoma City. Each year it is celebrated in one of the houses of worship of different participating faith communities. At this gathering those community members from the different faith traditions come together to share the faith expressions of Thanksgiving that are unique to each community that is participating. It is a wonderful gathering of different people of faith that resembles the spread of different dishes that might be found on the thanksgiving table of a diverse community such as Oklahoma City. And St. Charles Borromeo Parish has a large number of participants in this interfaith gathering each year to represent the Catholic tradition surrounding thanks. Thanksgiving is central to our faith as the word Eucharist means thanksgiving, referring to the great love that our God showed for us in giving us the gift of his only Son who suffered and died for us so that we might pass through sin and death to eternal life with Him. We celebrate that gift and give thanks each time that we gather for Mass, the celebration of *Thanksgiving*, the Eucharist. Make plans to come together and celebrate a faith-filled Thanks.

Interfaith Thanksgiving Service, Tuesday, November 21st at 7:30 pm at Mayflower UCC, 3901 NW 63rd St. Oklahoma City, OK 73116.

- Fr. Tim Luschen

# **学学学学学学学学学**

\* Why can't a leopard hide?

Because he's always spotted!

## **New Parish Employees**

Please join us in welcoming three new St. Charles Borromeo parish employees, Jennifer Hernandez, director of communications, Mike Caton, facilities director and Yvette Romo, office assistant.

Jennifer Hernandez is new to Oklahoma. She grew up in San Antonio, Texas and graduated college at St. Mary's University in San Antonio with a degree in Sociology. She spent last summer in Oklahoma City as an intern with Catholic Charities working on the Catholic Campaign for Human Development. Through this experience she became acquainted with several Oklahoma City parishes, including St. Charles, which opened the door to her new responsibilities.

She joined the St. Charles staff as director of communications in June of this year. In August she launched a new parish website and established a social media presence on Facebook, Instagram and Twitter. She is working with Trinity Publications to develop a new design for the weekly bulletin and other parish publications.

Jennifer said she is excited about working here and is eager to use creative ways to get the word out about the parish's many outreach programs and all the good that is happening at St. Charles. "Because it deserves recognition!" she said.

Mike Caton, a native Oklahoman, is the new facilities director. He came to St. Charles from Christ the King parish where he was maintenance supervisor for the past 9 years. He and his wife Jamie have been married 8 years and have a 4 year old son Titus, his fishing and ATV buddy. Mike said he is happy to be here. "The people have been most welcoming. I see lots of love." And of his job, "It keeps you busy."

Yvette Romo, new parish office assistant is a first year student at OSU-OKC. She is contemplating a career in nursing. Her family has been a member of St. Charles parish since she was 7 years old. She is one of 8 children, 3 girls and 5 boys and was a member of the Hispanic youth choir. Yvette works part time, mostly with Carmen, and she said she loves her new job..

Please join us in welcoming these new members of the St. Charles family.

- Kathleen Marks

\* When do you stop at green and go at red?
When you're eating a watermelon!



### 2017 Lets Talk Turkey

My memorable experience was doing a TURDUCKEN. Every cutting board and anything else in my kitchen was involved and it was the most royal pain imaginable. Result was really good, all the kids really enjoyed the meal but the moral of this story is DONT EVEN THINK OF DOING THAT AGAIN. —Blessings, Rosemary Krienke

Just remember really good gravy covers a multitude of turkey errors! —Nancy Largent

"At Thanksgiving our gravy boat is more like a gravy barge!" --Sue Bartlett









## **Football and Cold Turkey**

To say that my sister-in-law was not a great cook was a kindness. Don and Faye (Chet's brother and wife) had just moved into a new house. We were invited for Thanksgiving dinner and to watch the OU football game. We were living in California and the only OU football game we usually got on TV was the Thanksgiving Day game. Faye and I got the turkey, dressing and all the trimmings ready. She put the turkey and dressing in the oven and I put the giblets on the stove top to simmer. The plan was to watch the first half of the game and during half-time to have our dinner. November 21, 1964 was the classic match-up of Oklahoma and Nebraska. Nebraska was undefeated! The Sooners played a great game. We could smell the turkey cooking. At half time we went in to take out the turkey and dressing. Much to our dismay the turkey had Goosebumps! Faye's new oven had a temperature dial but you also had to turn the oven on. She had just set the temperature dial! Well, dinner was much later. However the Sooners stomped Nebraska 17 to 7! A late dinner but a great game!

—Sue Bartlett

# \* Why didn't the skeleton go to the dance? Because he had no-body to go with

## **Leftover Turkey Cashew Casserole**

Yield: 6-8 servings

## Ingredients:

- 2 cups diced celery
- 1 medium onion, chopped
- <sup>1</sup>/<sub>4</sub> cup butter, melted
- 1 cup chicken broth
- 2 cans cream of mushroom soup
- <sup>1</sup>/<sub>2</sub> tsp hot pepper sauce or Louisiana-style hot sauce
- 5 cups cooked turkey, diced
- 1 cup cashews
- 2 5-oz, cans chow-mien noodles

## Preparation:

- 1. Preheat oven to 350 degrees F.
- 2. Grease or spray with non-stick cooking spray a 3-quart or 9 x 13 x 2-inch casserole dish.
- 3. In a 4-quart or larger Dutch oven or skillet, sauté celery and onion in butter until tender.
- 4. Add broth, soup, hot sauce and turkey. Stir, cover and simmer for 5 minutes over medium low heat.
- 5. Pour mixture into casserole and bake for 30 minutes.
- 6. Sprinkle cashews and chow-mien noodles on top and bake 10 additional minutes.

—Dianne Frazier



\* Why are frogs so happy?

They eat whatever bugs them

## That We May Be a Sign

(continued from September issue)

Old Nicholas, an ancient of the Mayans, each day labored along the lava boulder pathway through the village, Santiago Atitlan, to the mission Micatokla.

He labored on,
then paused perhaps
and took a lingering look
toward the peaks of
old San Pedro
another ancient,
who had spewed
volcanic spirit forth
to shape this land.

Within their depths, these ancients, the spirit now kept silent watch, where molten rhythms ran.

Old Nicholas, alone
wizened, brown arms
and legs but bone
encased in
thick, scarred leather,
scarred as were his hopes
for justice in his land.

Old, abandoned,
he lived alone
in a hovel
with his hunger.
All he owned,
all that remained,
was stored in memory
and pain.

The sun in
its daily climb
up the mountain
told Old Nicholas
it was time.
Each day toward noon he came
along the lava boulder lane

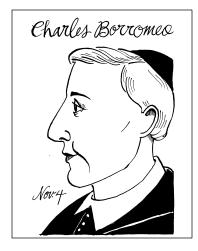
to rest and share the mission meal at Micatokla

I recall the care,
the love,
with which Francisco
served him, placed his chair
up to the table
cut his meat,
and during the meal
spoke with him in Tzutuhil
and smiled in welcome.

A plain and simple meal,
yet Eucharist,
for Nicholas
found a peace and justice
born of love
and there would recognize
his worth,
his dignity,
his God
in Francisco's
gentle eyes.

And they who felt
such love
a threat to wealth,
a threat to human pride,
took Francisco
at night by stealth
up the peak of terror
to the summit
of his selfless love,
his Guatemalan Golgotha,
and had him crucified!

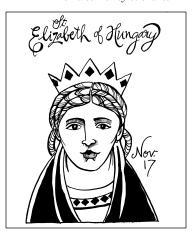
—Sister Rose Marie Gallatin



1538-1584

When you take care of your people, meditate on the Lord's blood that has washed them clean.... in meditation we find the strength to bring Christ to birth in ourselves and in other men.

-from a Sermon by St Charles



1207-1231

Elizabeth ordered that one of her castles should be converted into a hospital in which she gathered many of the weak and feeble. She generously gave alms to all who were in need, not only in that place but in all the territories of her husband's empire. She spent all her own revenue from her husband's four principalities, and finally sold her luxurious possesions and rich clothes for the sake of the poor.

- from a letter by Conrad of Marburg



Ed. Note: Sister Rose Marie Gallatin is our retired pastor, Father Paul Gallatin's aunt. She is a retired English teacher/professor/writer/poet, having taught at all levels from elementary to college. In 1979, she and Sister Sharon Garcia, CDP, journeyed to Santiago Atitlan and spent ten days at the Micatokla mission helping Blessed Father Stanley Rother. Old Nicholas went to the mission every day and enjoyed lunch with Father Rother, who often fed the elderly man himself due to Nicholas's disabilities and inability to feed himself.

## St Charles Borromeo - November 2017

## Confessions every Saturday at 3PM and Wednesday at 7PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 2017  S M T W T  1 2 3 4 5  8 9 10 11 12  15 16 17 18 19  22 23 24 25 26  29 30 31	6 7 1 13 14 3 4 2 20 21 10 11 0 27 28 17 18	Dec 2017  T W T F S  1 2  5 6 7 8 9  12 13 14 15 16  19 20 21 22 23  26 27 28 29 30	7:00 AM Mass EN 8:30 AM School Mass 12:10 PM Mass EN 6:30 PM Mass EN 8:00 PM Mass SP ALL SAINTS Holy Day of Obligation	9:00 AM Tai Ji Quan Exercises 6:30 PM Choir Practice 7:00 PM Journey of Faith - BH	7:00 PM Spanish Adult Sacramental Preparation (RICA) BH	9:00 AM Baptism Class Spanish  6:00 PM St Charles Feast Day Celebration
9:20 AM-10:30 AM CFP/RE 9:20 AM -10:30 AM RC/C	6:00 PM Social Ministry Board - KR 6:30 PM 1st Reconciliation Parent Meeting	9:00 AM Tai Ji Quan Exercises 3:45 PM Safe Endronment Training C 4:00 PM Newsletter Meeting -KR 6:30 PM School Advisory Council Meeting 7:00 PM Backim Sembar English	8:30 AM School Mass 11:00 AM -8:00 PM Adoration  1:00 PM Preparing for Medicars Changes in 2018  5:30 PM Queterly Steverds No. 8:00 PM 8:00 PM 8:00 PM CEPIRE	9:00 A M Tai Ji Quan Exercises 11:00 AM PTC Teacher Appreciation 6:30 PM Choir Practice 7:00 PM Journey of Faith - BH	10 7:00 PM Spanish Adult Sacramental Preparation (RICA) BH	9:00 AM Baptam Class Sparish.  9:00 AM -1:00 PM First Reconciliation Retreat 4:30 PM Singles PotLuck Blood Pressure Checks after 8.11, and 1 pm masses Veteren's Day
9:20 AM-10:30 AM CFP/RE 9:20 AM -10:30 AM RCIC 3:00 PM Women of STCB Meeting -C	13  10:45 AM Need Help Today  Food Delivery @ Dorothy Day Center	9:00 AM Tai Ji Quan Exercises 6:30 PM PTC Meeting Theology Night 7:00 PM Baptism Seminar English 7:00 PM Parish Council in A/B	15 8:30 AM School Mass  11:00 AM -8:00 PM Adoration 6:30 PM -7:40 PM CFP/RE 6:30 PM Peace/Justice-KR	9:00 AM Tai Ji Quan Exercises 6:30 PM Choir Practice 7:00 PM Journey of Faith - BH	9:30 AM Pre-K Tom Turkey Program 11:00 AM School Turkey Lunch and Performance 7:00 PM Spanish Adult Sacramental Preparation (RICA) BH	7:00 PM Catholic Singles Dance Holiday Program
19 11:00 AM En. Baptisms KFC Breakfast WSC Bake Sale	20  FINAL THINGS GIVE THANKS &	21 7:30 PM Mayflower UCC @ 3901 NW 63rd Community Interfaith Thanksgiving Service No School	22  NO CLINIC TONIGHT  St. Charles - Thanksgiv	23 HAPPY HANKSGIVIN	24 G	9:00 AM Catholic Worker Food Delivery 11:00 AM Spanish Baptisms
26 The Kin	27	28  5:45 PM Safe Environment Training Mtg Rm C	29 8:30 AM School Mass 11:00 AM -8:00 PM Adoration 6:00 PM -8:00 PM HS Confirmation 6:00 PM JR High Youth Group 5:30 PM -7:40 PM CFP/RE	30 6:30 PM Choir Practice 6:30 PM Fall Band Concert 7:00 PM Journey of Faith - BH		

## Parish Life

#### **New Parishioners-September**

Emmanuel and Deissy Diaz
Jesus and Alma Garcia
Mary Heinen
Fredie and Maria Medina
Juan and Sonia Ramirez
Marty Storozyszyn
Pablo and Celina Velasco
Daniel and Beatriz Hernandez
Jorge and Veronica Martinez
Maria Jasso
Filiberto and Rosa Rodrigez
Luis and Rosa Coronado
Daniel and Dyana Rivera
Juan and Silvia Puente
Manuel and Crystal Juarez

#### New Parismoners-September

## Weddings-September

Alfredo Casas and Teresa Herrera Ramiro Cantu and Claudia Alonso Deaths-September

John Whitley

Baptisms-September		Anniversaries-November				
	Khoury Flinton	Nov.		Anniv.		
	John Wadsworth, Jr.	01st	Thomas and Trinh Phan	$41^{st}$		
	Leonel Flores	04 <sup>th</sup>	Bryan and Jennifer Pregler	$12^{\mathrm{th}}$		
		$07^{ m th}$	Gary and Shannon Gagnon	$19^{\rm th}$		
	Mariana Martinez		Toby and Jane McConnell	$36^{\rm th}$		
	Julianna Ramirez	09 <sup>th</sup>	Kevin and Kristi Mikawa	$16^{\mathrm{th}}$		
	Lucas Garcia	$17^{ m th}$	Kent and Lisa Boevers	$16^{\mathrm{th}}$		
	Jose Escalera		Tom and Suzanne Creegan	$39^{\mathrm{th}}$		
	Christian Ramirez	$20^{ m th}$	Fernando and Esperanza Esparz	za 19 <sup>th</sup>		
	Alynna Saldivar		Robert and Lynda Reichert	$35^{\rm th}$		
	Marisol Cisneros	$21^{\rm st}$	Davin and Christy Cronin	$30^{\rm th}$		
		$25^{ m th}$	Quang and Thanhtam Dang	$22^{\rm nd}$		
	Diego Ponce	28 <sup>th</sup>	Louis and Juanita Gutierrez	$47^{\mathrm{th}}$		
	Mason Pauch		Thomas and Mary Hurley	$60^{\mathrm{th}}$		
	Miguel de Loera	-				
	Mason Pauch	28 <sup>th</sup>		==		

<sup>\*</sup> How do you make an Octopus laugh? With ten-tickles.

- \* Why did the man put his money in the freezer? He wanted cold hard cash!
- \* What word looks the same backwards and upside down? Swims.
- \* Why did the man lose his job at the orange juice factory? He couldn't concentrate!
- \* How do you repair a broken tomato? Tomato Paste!

The Hearing Loss Association of America has free support meetings every month for people with hearing loss and their family and friends, along with professionals. The meetings are held at Lakeside Methodist Church, 2925 NW 66<sup>th</sup> Street, 73116. For more information call: Hearing Helpers Room, 717-9820.

\* Which is the longest word in the dictionary?

Smiles" becausé there is a mile between éach "s"!

#### A Light in the Darkness: Savings in Time

Sofia Diaz

If you have noticed a new look and feel to the sanctuary during Mass, but weren't sure what it was, it isn't your imagination. Recently Todd Gungoll, John Rieger, Father Tim and others on the Property and Finance Committees researched and had new can lights installed in the church sanctuary. What makes this newsworthy is that the new lights are LED and will provide us with considerable savings on electricity, heat and air conditioning.

John Rieger points out that in the 45-50 fixtures, the old bulbs were 300 watts apiece; that is 15,000 watts of electricity. The new LED lights are 17 watts apiece and the total usage is less than 900 watts or what three of the old bulbs would produce. With less heat from the bulbs, the parish will save on heat and air conditioning as well

as reduced electrical bills. The lights also burn with a cooler, cleaner ambience. LED lights are installed in the school as well.

While we worshippers come to church to focus on the spiritual and don't give much thought to nuts and bolts matters like electricity or HVAC bills, our building does not maintain itself. Behind-the-scenes "elves" on the Property and Finance Committees are focused on the practical for our benefit; they are always examining ways to put our monetary contributions to the best and most efficient use. Thank you!

—Monica Knudsen

## **Calendar Complexity**

If you feel your calendar fills up fast and struggle to juggle time for all that is important or just fun, imagine the guy who works on the Church's liturgical calendar each year.

Here is just one scheduling adjustment needed to the upcoming 2018 Liturgical Calendar:

In several ecclesiastical provinces of the United States of America, the Solemnity of the Ascension of the Lord is transferred from May 10, 2018, to the following Sunday, May 13, 2018. In those archdioceses and dioceses, Thursday, May 10, 2018, is an Easter Weekday or the Optional Memorial of Saint Damien de Veuster, Priest.

My heavens! And you thought trying to arrange for a birthday party in December challenging. The Liturgical Calendar is chock full of solemnity days, feast days, as well as memorials (obligatory and optional) to situate in relation to Sundays and the octaves of Christmas and Easter.

The same governing body that lays out the U.S. liturgical calendar—the U.S. Conference of the Council of Bishops—also determines Holy Days of Obligation. The U.S. observes six Holy Days of Obligation: Christmas, Solemnity of Mary, Mother of God, Ascension, Immaculate Conception, Assumption and All Saints Day. (Every Sunday is a Holy Day of Obligation.)

So what is a solemnity? Solemnity is a ceremonial observance of the greatest importance. The recognition of this commemorative event begins at the first vespers the evening prior to the celebration. On these days the Gloria and the Creed are said as they are on most Sundays. Corpus Christi, Pentecost, Sacred Heart of Jesus are recognized Solemnities. While all Holy Days of Obligation are also called Solemnities, not all Solemnities will be days of obligation. There is freedom for regions and religious orders to designate a Solemnity that is not celebrated in the universal church. For instance, Ireland considers St. Patrick's Day the Solemnity of St. Patrick. (It is safe to say most Americans would not put "solemn" too close to St. Patrick's Day.)

And what then is a Feast Day? Unlike a solemnity, a Feast Day does not begin on the evening prior. Many Feast Days, you may think of them as "saints days," recognize foundational figures of the Faith: Apostles, the Archangels, as well as Mary.

Also "saints days" are Memorials. The day is usually assigned to a particular saint in accordance with his/her date of death. Obligatory Memorials are designated for

## November Saints and Days

- 1 All Saints, Solemnity, Holy Day of Obligation
- 2 All Souls Day
- 3 [St. Martin de Porres]
- 4 St. Charles Borromeo, Memorial
- 5 31st Sunday Ordinary Time
- 9 Dedication of the Lateran Basilica, Feast
- 10 St. Leo the Great, Memorial
- 11 St. Martin of Tours, Memorial
- 12 32<sup>nd</sup> Sunday Ordinary Time
- 13 St. Frances Xavier Cabrini, Memorial
- 15 [St. Albert the Great]
- 16 [St. Margaret of Scotland; St. Gertrude]
- 17 St. Elizabeth of Hungary, Memorial
- 18 [Dedication of the Basilicas of Ss. Peter and Paul; USA: St. Rose Philippine Duchesne]
- 19 33rd Sunday Ordinary Time
- 21 Presentation of the Blessed Virgin Mary, Memorial
- 22 St. Cecilia, Memorial
- 23 Thanksgiving Day
  [St. Clement I; St. Columban; USA: Bl. Miguel
  Agustin Pro]
- 24 St. Andrew Du ng-Lac, Priest and Companions, Martyrs, *Memorial*
- 25 [St. Catherine of Alexandria]
- 26 Our Lord Jesus Christ, King of the Universe, Solemnity, Last Sunday in Ordinary Time
- 30 St. Andrew, Feast
  - \*brackets indicate an Optional Memorial

saints of universal significance. You would hear that saint mentioned during Mass, wherever you attended. Optional Memorials are just that. Frequently the acknowledgement of that Memorial is left to the discretion of the region, religious order, or the church calendar.

This brings us back to the calendar, and that bishop I like to picture hunched over a table full of open calendars labeled 2016, 2017, and 2018, trying align the stationary Feasts with the moveable Feasts, and I want to tell him it could be worse. He could have to arrange everything around college football.

— Kathy Judge

## Florence says...

The daylight hours are becoming shorter, and it is time to oil the tools and close the barn door because it is about time I take my sabbatical and devote that time to bird watching.

The hummingbird has migrated to its winter home, but the cardinals will remain here for me to enjoy. I must confess I am a bird watcher! Several weeks ago I was sitting outdoors when a bird lit on my shoulder. We exchanged glances and this beautiful steel gray bird with a top knot flew to the railing three feet away. It looked again at me and went to the bird feeder. As it left, it stopped to flutter its wings in my hair before he flew away. Just don't forget to feed the birds!

Rabbits are cute little animals until they nibble on the trunks of tender trees. To prevent any damage to these tender young trees, protect them with chicken wire or wrap them with thick insulation for your shrubs.

Crepe Myrtles and Rose of Sharon should be pruned in late winter because many shoots will sprout from the cut ends in early spring. It is time to plant daffodils and tulip bulbs and set out pansies before the soil gets too cold so they will develop reliable roots. Don't forget to dispose of all leaves and stems from perennials, herbs and veggies after frost to prevent over wintering insects and disease.

Wishing you the best of everything this Holiday Season and a wonderful New Year!

— Florence Botchlet



#### Conversation with Jesus

I was distressed by events of the world, You entered and said *Peace be with you*.

Wondering how to love my neighbor and the stranger, You simply uttered as yourself.

Insecure in that love; self conscious about so much, You assured me *do not be afraid.... Stop worrying.* 

Still seeking direction in what to do with my life, You stretched out Your hand: *Then come and follow me.* 

mkj

# Humilitas

We, your newsletter team, submit this issue with humility and thanks to God: Sue Bartlett, Florence Botchlet, Michael Carpenter, Margene Earl, Diane Frazier, Kathy Judge, Monica Knudsen, Rosemary Krienke, Nancy Largent, Kathy Marks, Andrea McCoy, Margaret Phipps, Charlene Smith.

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